will you support a courageous swimmer?

Each year, Flying Fish Swim Team swimmers of all ages and abilities swim as many lengths as they can in a one hour period (Greenfish swimmers, in their first year on the team, swim for 30 minutes). Swimmers solicit sponsors from family, friends, neighbors and community members for each length they swim, and win prizes based on how much money they raise to support all the programs and services of the YWCA Evanston/North Shore.

In 2009, over $75,000 was raised by our swimmers to support all of the programs and services of the YWCA Evanston/North Shore. These efforts help us:

- purchase special equipment and supplies for the 3,000 people who use our pools each year
- offer financial assistance to families who could otherwise not afford the cost of swim lessons
- provide free swim instruction to community groups like The Ted Fund, Y.O.U., Mason Park and Fleetwood-Jourdain
- support the women and children who seek shelter and counseling through our Domestic Violence Services
- teach children in our schools better ways to deal with anger through our Violence Prevention Program
- counsel teens and young adults about teen dating violence through our Building Healthy Relationships Program
- assist women seeking orders of protection for themselves and their children through our Legal Advocacy Services

You can help motivate a swimmer by becoming a sponsor. As a sponsor, you can decide how you want to structure your sponsorship - either by pledging a flat amount, an amount per length, or a combination of the two (i.e., $25 for first 50 lengths, $1 per length above 50). Swimmers can give you an idea of how many individual lengths they might be able to swim in an hour.

Pledges are due March 1. Checks should be made payable to the YWCA Evanston/North Shore. Thank you so much for your support of a courageous swimmer and your generous donation to the YWCA Evanston/North Shore and the women and children we serve.

eliminating racism
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